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Monday, September 14, 2015 by: Jonathan Benson, staff writer
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(NaturalNews) A great misunderstanding regarding the therapeutic value of the cannabis plant persists, even within some reform circles. Marijuana is often lumped into the same category as cigarettes, hard drugs, and even alcohol, with the latest trend being to designate cannabis as "less harmful" than these other substances. In reality, cannabis isn't actually harmful at all, and it can help improve the way people think, process and understand information, and even function physically.

If you think of your brain as a computer hard drive that is constantly being imprinted with new information in the form of magnetized particles, cannabis and its associated cannabinoid constituents are the organizing and formatting tools that the drive uses to erase bad data, rearrange and reconfigure important data, and maintain and optimize the drive. In other words, cannabis is what helps keep certain parts of the brain tidy and well-performing.

This is a somewhat oversimplified analogy, but it gets at the heart of what cannabis is and is not, why it's beneficial to human physiology, and ultimately why the economic and social engineers don't want you to have it. Cannabis is much like a "counselor" for the brain, science has revealed, acting specifically on cannabinoid receptors inherent to both the cerebellum and basal ganglia, which govern coordination of movement, and in the limbic system's hippocampus, which "gates" information during the consolidation of memory.

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As the "grease" of the brain, cannabis doesn't alter dopamine production like alcohol, cigarettes and hard drugs do

Crucial to a proper understanding of how cannabis affects the human brain is recognizing the fact that the brain was made for cannabis. Cannabinoids help bridge the gap between brain neurons, which are known as synapses, acting in ways that help positively regulate brain chemistry. When used appropriately, cannabis can help individuals break bad habits or learn new things. One source refers to cannabinoids as the "grease" that keeps the brain in tip-top shape, enabling mental growth and positive change.

"If cannabis were unknown, and bioprospectors were suddenly to find it in some remote mountain crevice, its discovery would no doubt be hailed as a medical breakthrough," reported *The Economist* back in 2006 about the amazing wonders of cannabis. "Scientists would praise its potential for treating everything from pain and cancer, and marvel at its rich pharmacopoeia -- many of whose chemical mimic vital molecules in the human body."

Unlike alcohol, tobacco, amphetamines, cocaine and heroin, cannabis doesn't interfere with the body's natural production of dopamine, a foundational characteristic of drugs that induce physical dependence and have the potential to be abused. Cannabis exhibits no reinforcing properties, and the brain does not appear to have any cannabinoid receptors in dopamine-producing neurons.

"Marijuana is distinguished from most other illicit drugs by the locations of its brain-receptor sites for two predominant reasons: (1) The lack of receptors in the medulla significantly reduces the possibility of accidental, or even deliberate, death from THC, and (2) the lack of receptors in the mesocorticolimbic pathway significantly reduces the risks of addiction and serious physical dependence," wrote Jon Gettman in a 1995 review of cannabis and how it affects the human brain.

"As a therapeutic drug, these features are God's greatest gifts."

Is cannabis the "gateway" to renewed understanding and positive mental breakthroughs?

If cannabis works outside the brain reward system, how exactly does it work? Israeli researcher Raphael Mechoulam, the man who first isolated the structure of tetrahydrocannabinol, or THC, found that cannabinoids bind to receptor sites throughout the brain that are responsible for regulating how the brain processes events and information, translating this into movements, moods and emotions.

"Cannabis is used by man not for its actions on memory of movement or movement coordination, but for its actions on memory and emotions," Mechoulam once stated. "Is it possible that the main task of cannabinoid receptors ... (is) to modify our emotions, to serve as the links which transmit or transform or translate objective or subjective events into perceptions and emotions?"

A more recent study delineated further how cannabinoids can help mitigate reactionary aggression while improving social interactions. In other words, the nutrient chemicals present in cannabis act as modulators to keep a person stable and aware, and they might

Supp



BREAKING
The End of DISEASE?



Adv

who helped thousands heal from cancer

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even help people overcome bad habits or unhealthy negative perceptions, which is why many people find relief from chronic depression and other mood disorders from using cannabis.

Although there is still much to learn about cannabis and cannabis-derived cannabinoids, including how they act in conjunction with the body's own endocannabinoid system (a system of the body that produces endogenous cannabinoids) to promote nervous system health, the available science makes it clear that cannabis is far from harmful. In fact, it might just be the key to healing mentally, physically and spiritually for many people.

Sources for this article include:

UKCIA.org

Economist.com

YouTube.com

ScienceDirect.com



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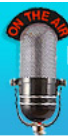
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johnchina · a day ago

Sorry for being out of the subject
but i want to mention that ASTAXANTHIN

was reject and banned in Europe
plus anything that come from the sea today is not very healthy Algae or fish !!!

1 ^ | ▾ · Reply · Share ›



Robert Anderson · a day ago

Great article and so glade that research is finally showing the benefits of Cannabis.
that being said I object to using the word "Marijuana" in this article. That word was
used to demonize it as an ethnic drug i.e Mexican's and Black's. it was to fool the
public into being against it, if they had tried to out law it as Cannabis the people would
have never went for it.

1 ^ | ▾ · Reply · Share ›



Sophie Maele · a day ago

Yeah, right. That's why every stoner I've ever known has been a clear-thinking genius.
What stunning denial! Just as bad as any GMO danger denier.

^ | ▾ · Reply · Share ›



Stéphane Blouin → Sophie Maele · 14 hours ago

With all due respect you don't sound like a Genius yourself... How would you
even recognize a genius if you saw one?

^ | ▾ · Reply · Share ›



Robert Anderson → Sophie Maele · a day ago



I can almost guarantee that many people you know and my even work with current use cannabis and are normal productive people.

2 ^ | v · Reply · Share ›



Reverend Galileo · a day ago

I use it for medical reasons, but I always knew that it does also improve my critical thinking abilities.

1 ^ | v · Reply · Share ›



AnonLikeYou · a day ago

The evidence about the benefits of the cannabis plant is astounding yet ignorant people still keep on chanting bizzare propoganda about weed being harmful to human health. lol. What's in those pills you're taking...

The problem you should be worried about is the mass amounts of badly grown cannabis that has infiltrated the market and is making way to your children. What is harmful is the amounts of unnecessary toxic chemicals that is fed to the plant during production to increase weight and yield by drug pushers who seek only to profit themselves and not the community.. which is why we desperately need some regulation and organization now.

The demand for cannabis is at an all time high, contrary to what news reports state.. Now is the time for re- education about this ancient herb and it's medicinal properties, regulation and taxation. Licenced Coffeeshops for adults only supplied with medical grade cannabis... You 've all seen how well it works..why are people still in denial?

And one last thing, if God didn't want us to consume cannabis , then why are there cannabinoid receptors found all over the body?

6 ^ | v · Reply · Share ›



Autonomous Person · a day ago

Use a search engine and look for the words "swat flash grenade". You will find pictures of a baby boy who had half his face blown off.

Look up Harry Anslinger who is the father of the DEA. He told Congress that Marijuana should be illegal because of its effects on the degenerate races. He said it makes darkies think they are as good as white men. He declared war on dark-skinned races. Prohibitionists were soon to be out of a job and they needed some new reason to exist.

What would happen today if someone defended this war with such a racist argument? There would be public outrage and it would be reported on the front pages of all newspapers. Those who support this war are showing they agree with Harry. They should be treated with scorn.

A good tree bears good fruit. A bad tree bears bad fruit. The tree Harry planted will never bear good fruit. Stop watering it and let it die.

This was originally a war against dark-skinned races. Now it is a war against all mankind and all creation.

[see more](#)

1 ^ | v · Reply · Share ›



cclearly · 2 days ago

Great article and very interesting that our bodies have cannabinoid receptors built in. That was planned long ago, back in the beginning....There's a reason.

5 ^ | v · Reply · Share ›



Я0llyJ0g3r → cclearly · 12 hours ago

This is our medicine that our bodies are designed to receive it is just that the .1% want that kind of healing all to themselves and wish to sell us drugs in lieu but it's not working out so well as the word has gotten out.

1 ^ | v · Reply · Share ›



cclearly → Я0llyJ0g3r · 4 hours ago

that's right - absolutely God given, yet they know they can't profit, because it's natural, so they'd rather dish out toxic pharmaceuticals to make us sick, keep us sick and coming back til we're dead....to pad their paychecks of course....

1 ^ | v · Reply · Share ›



Art Hallowed · 2 days ago

"marijuana helps brain achieve breakthroughs in learning, consciousness and understanding"

Then why are the Feds caging humans for using this herb????

3 ^ | v · Reply · Share ›



Я0llyJ0g3r → Art Hallowed · a day ago

Control and their determination not to lose it. I've experienced/do experience these effects currently and they are significant if your cannabinoid levels are sustained at a high enough level in the body(my reaction time is much faster than (most of) my peers, traffic is super frustrating for me). It will have your mind running in top shape, I witnessed that effect in a dramatic sense with my girlfriend who was suffering from MS and thus could not think clearly. After the first night of vaporizing we saw improvement, now she is all but cured, only has to vape once daily, usually before bed to get the delta 9 sleep benefits. She thinks clearly now and her memory has improved dramatically, the high is just a side effect that most favor, some do not though, in those cases use citicoline an hour before cannabis and it won't get you high.

3 ^ | v · Reply · Share ›



The Opinionated Man → Я0llyJ0g3r · a day ago

I have these same, awesome experiences :) My mind is super sharp when I smoke. Every single one of my best ideas have come from smoking cannabis. I suffer from depression and anxiety and have a lot of self-esteem issues. I take prescription pills which do nothing but raise serotonin in the brain, this simply takes away the lowest of the lowest moods but does nothing to improve my quality of life and functionality. Makes me drowsy, anger problems, affects my diabetes and these are just a few of the side effects not counting those side effects if I don't take the pills. If I don't smoke any cannabis i am all over the place with racing thoughts and all those symptoms I have experienced since having depression and anxiety. I had emotional neglect growing up and this is why i suffer with these illnesses along with experiencing homelessness and been physically assaulted. Cannabis is the only thing that helps me function, live, eat, sleep, think, get up and do things, smile, laugh and heaps of other fantastic, positive side effects.

2 ^ | v · Reply · Share ›



Я0llyJ0g3r → The Opinionated Man · 12 hours ago

I have depression problems also and the only 2 things that I take no matter what are 5htp(the NOW brand, 100mg, veggie caps), and cannabis in a vaporizer. My mind is sharp all day though, it doesn't wear off with the psychoactive effects of cannabis. In the morning time when I am completely sober my mind is sharpest and I can accomplish the most, mentally speaking. 5htp can cause stomach issues at higher doses. I used to take 3 600mg doses a day. I would not recommend trying that as it would get you very sick. When I take 5htp it makes me sick an hour after I take it but consider that I am taking 600mg and the dose on the bottle says 100mg. I usually have to lay down for about an hour until it passes but after that I feel great and stomach issues are an easy trade off from intense depression. 5htp will also fix sleep issues and helps to control appetite so you will lose weight by default. If you are on any psych meds you can't take it though, you could land yourself in the hospital with

serotonin syndrome if you do. If you take drugs it is best to get yourself off of those before you start 5htp but 5htp works from the first dose, it is amazing stuff and the ingredients on the label list ONE ingredient, a ground up seed, that's it.

I am glad to see that cannabis has helped you in so many ways, you should be thankful you have the access and the knowledge you have to help/heal yourself because so many others continue to suffer out of ignorance and fear of using this awesome plant.

1 ^ | v · Reply · Share ›



The Opinionated Man → Я0llyJ0g3r · 3 hours ago

I have done some research on 5htp and haven't really had the money to buy them. I must look into it again. Thanks for that detailed answer also, very helpful advice.

Check out my article regarding cannabis decriminalisation in the UK and let me know what you think in the comments.

Hope you enjoy :) - <http://theopinionatedman.com/c...>

1 ^ | v · Reply · Share ›



Art Hallowed · 2 days ago

The Federal Gov't is lying through their teeth for Special Interest groups to recieve huge kick back monies, funds, campaign contributions, etc...just plain greed... The less you know about cannabis the better for corporate welfare!!! Greed is the reason you cannot use have or grow herb...greed. Lies, greed, prohibition....they are all in it together so you can't get better.... No, you have to use the drugs THEY want you to use because they own it and make MONEY from you and all your sick needs... The Devil is winning and he wears a nice suit.

5 ^ | v · Reply · Share ›



Koda Chrome · 2 days ago

Along with smoking marijuana, child abuse will increase.

^ | v · Reply · Share ›



Я0llyJ0g3r → Koda Chrome · 10 hours ago

Lookie here, a troll that gets paid by the # of replies

^ | v · Reply · Share ›



Stéphane Blouin → Koda Chrome · 14 hours ago

According to Aristotle, a valid argument must have at least two premises that follow logically to a conclusion.

What you've made is not even an argument, it's just a completely baseless and innacurate.

1 ^ | v · Reply · Share ›



Я0llyJ0g3r → Stéphane Blouin · 10 hours ago

They get paid for the more replies they get, they are doing this to maximize their pittance from their paymasters. Notice they don't argue their point, they already got paid, what do they care now? You will see this tactic employed quite often if you know to look for it.

^ | v · Reply · Share ›



johnchina → Koda Chrome · a day ago

is grand mother rapes will increase too ???

1 ^ | v · Reply · Share ›



The Opinionated Man → Koda Chrome · a day ago

You my friend are quite simply deluded!

2 ^ | v · Reply · Share ›



Robin Raven → Koda Chrome · a day ago

My father used to call off-the-wall, out-of-the-blue statements like this one "Cosmic dope from the peanut gallery." He was pretty funny... and so are you.

1 ^ | v · Reply · Share ›



cclearly → Koda Chrome · 2 days ago

I've never heard of a child being abused by a pot smoker, most child abuse happens from alcohol, meth, heroin, anti-depressants and anger....

3 ^ | v · Reply · Share ›



Julie → Koda Chrome · 2 days ago

Koda chrome, I think you need to back up that statement with a few facts - if you can find any!

4 ^ | v · Reply · Share ›



Art Hallowed → Koda Chrome · 2 days ago

Pot use would decrease child abuse along with road rage, bar fights, marital problems, PTSD, insomnia, radiation sickness...the list goes on and on...

5 ^ | v · Reply · Share ›



C.R. → Koda Chrome · 2 days ago

Wrong--child abuse has absolutely nothing to do with cannabis use--they are separate issues. But the intellectually inferior cannot understand this--such fools often gravitate to the lying propaganda to explain that which they do not understand.

7 ^ | v · Reply · Share ›



Lance Taylor · 2 days ago

This is a more balanced view of an issue that gets all kinds of press, good and bad.

^ | v · Reply · Share ›



TagMan · 2 days ago

What a load of crap - how come kids on the weed do MEASURABLY poorer than kids who don't smoke then? People will come up with ANYTHING to justify their weakness for the weed. Sad really.

^ | v · Reply · Share ›



Stéphane Blouin → TagMan · 14 hours ago

How come kids on the weed do MEASURABLY poorer than kids who don't smoke then?

Because the education system is not based on making children smart. The education system is solely based on indoctrination and memorization of pre-thought factoids from the Establishment in order to produce efficient slave laborers.

Cannabinoids helps the brain get rid of useless memories that do not have basis in the Natural World. Which means that if school teaches you something useless or tries to indoctrinate you, the brain will have the tools to see and break through the mental programming and will actually erase the false information from your brain. This doesn't help you pass their useless testings... But at least it keeps you aware of the corrupt world we live in and in search of accurate information rather than passively accepting everything and having no mechanism to distinguish between lies and truth, their manipulation, mind control and corruption.

If Schools were testing kid's brain power instead of memory, meaning measuring higher order thinking, problem-solving, calculating power, deductive reasoning power etc. then kids on the weed WILL do MEASURABLY better than kids who don't smoke.

1 ^ | v · Reply · Share ›



Я0llyJ0g3r → Stéphane Blouin · 9 hours ago

It improves memory drastically which is probably why I've always aced school without even trying (and why I realized that if school is that easy to ace then it is not good so I need to educate myself).

They give me this stuff they wish to test me on, I memorize it, then go ace their test and am then considered... smart? Isn't that just memory being used instead of intelligence?

Same thing with IQ tests, what a scam. So if I score at genius level all of the time then I am a genius? No, I am just good at IQ tests :-)

**I will admit that some IQ tests do test your problem solving ability which is paramount IMO. They can expand your knowledge also so I try to do them every now and then.

^ | v · Reply · Share ›



Я0llyJ0g3r → TagMan · a day ago

I always used it and I always scored measurably higher so what about me? Aren't I supposed to be stupid now some 20 years later, burnt out, can't hold my eyes open anymore, lol + no work ethic? What happened? Something must have went wrong, my story is nothing like the propaganda commercials and reefer madness say.

That being said, if some kid glorifies his weed and builds his/her whole life around it that is a personal, individual issue that has many underlying reasons, the cannabis obsession is just a symptom. You can obsess over food and sex so should we ban food and sex? I hope I am pointing out how ridiculous this federal prohibition that does nothing more than keep the pharmaceutical companies above water is. One thing any rational person must always remember, it is never the plant's fault, that's like blaming/banning guns for shooting and killing people. I keep snakes and if I ever get bit it will not be the snake's fault for being a snake, it would be my fault for being a bad keeper and making mistakes that caused me to get bit. Blame assignment solves nothing and in my opinion people that do it are just bs-ing themselves and are weak.

There is no no justifying needed here, if I didn't have discomfort I wouldn't have sought it out in the first place. It keeps me drug-free and my girl's MS will return within 48 hours without it so you see it is not just an excuse for some people, it actually works against serious disease and no the high isn't what keeps the MS away, that part is non-psychoactive. I've said it before and I'll repeat it again, I haven't been sick in 23 years, I know your older, but consider that I will never get sick again either. That's quite a long, sickness-free life I have ahead (just sinus/allergy issues) + no fear of any cognitive decline later on in life, no dementia, no Alzheimer's, etc... life is good :-)

2 ^ | v · Reply · Share ›



Robin Raven → TagMan · a day ago

MEASURABLY poorer, by whose standards? The Public Education Indoctrination System? Yes, it's true, because marijuana allows you to see through the indoctrination, which is why it was outlawed.

3 ^ | v · Reply · Share ›



Я0llyJ0g3r → Robin Raven · 10 hours ago

Measurably poorer according to common core math when $2+2=6$ as long as everybody says it does.

^ | v · Reply · Share ›




Art Hallowed → TagMan · 2 days ago

Kids? People do not give kids pot. Idiots do. People do not let kids smoke cigarettes, idiots do. Same with everything else...idiot.


2 ^ | v · Reply · Share ›



TagMan → Art Hallowed · a day ago

 Thanks for your enlightened comment Art - if you smoke it isn't working because pot is supposed to make you happy isn't it. To say that people don't give it to their kids is about the silliest statement I've ever heard - ok idiots do you say but then all people who consume it are idiots *unless for genuine health reasons) so.. fait accompli I guess. Anyway - I recommend you get some cos it's supposed to calm you down - don't know myself - never tried it - never felt pathetic enough to need a weed to improve my life personally.


^ | v · Reply · Share ›

 **johnchina** → TagMan · a day ago
you should try..... so you will know what you talk about then you could make a comment !!!
One of my friend a General smoked weed since vietnam !!!
up to 84 i was never sick.....
the Queen Victoria use Weed during all her life !!!
The Elite know what's good but don't want people to open brain synapse or the population would never listen to those psycho politicians


1 ^ | v · Reply · Share ›

 **Я0llyJ0g3r** → johnchina · 10 hours ago
Great comment, jonchina! You nailed it!


^ | v · Reply · Share ›

 **wildwoman** → TagMan · a day ago
If you've never tried it then you don't have the experience to make intelligent and informed comments about this article.

2 ^ | v · Reply · Share ›

 **C.R.** → TagMan · 2 days ago
Most people who use cannabis--are not children.


2 ^ | v · Reply · Share ›

 **TagMan** → C.R. · a day ago
If you don't regard teenagers as "children" then you are probably right but if you regard them as children - you have NO idea.


^ | v · Reply · Share ›

 **johnchina** → TagMan · a day ago
better they smoke than drink alcohol !!!


1 ^ | v · Reply · Share ›

 **C.R.** → TagMan · 2 days ago
Cannabis in not a weed. Don't believe it--look up the definition of a weed.

3 ^ | v · Reply · Share ›

 **TomMWls** · 2 days ago
I feel compelled to mention that it's not for everyone. I personally have tried a few different forms and have either had no results or have had just the opposite result of what I had hoped for (wanted relaxation, had a major panic attack). I have heard all of the "oh, but you haven't tried the stuff I use, THAT's why you're not getting results". I have heard it all before and have tried stuff that has knocked 'experienced' users on their butts. I'd love nothing better for it to work for anxiety or mental clarity but I just get nothing.

^ | v · Reply · Share ›

 **Stéphane Blouin** → TomMWls · 14 hours ago
Major panic attacks means you are progressively waking up to the reality.

Anyone who is not a sheep should be panicking right now.

^ | v · Reply · Share ›



YollyJ0g3r → TomMWls · a day ago

Chronic dosage reduces/eliminates anxiety, acute doses cause anxiety. Don't do acute doses(ie. edibles).

1 ^ | v · Reply · Share ›



Robin Raven → TomMWls · a day ago

There is a placebo effect operating. It used to be a social meme that smoking made a person paranoid. This paranoia came from the fact that it was illegal and should you get caught, by your parents, your employer, or "the authorities" your life would be ruined. These kinds of programmed beliefs lie very deep, you can see them surfacing right here in these comments. If you suffer from anxiety and mental fuzziness, your issues are likely a lot deeper than a simple toke is going to fix right up. Perhaps you are expecting a quick fix to a lifetime of problems, that's asking too much.

^ | v · Reply · Share ›



C.R. → TomMWls · 2 days ago

Its obvious from what you have written--you didn't use the right variety. And probably used it in the wrong way--as many do. You are right--its not for everyone. Cannabis is not like alcohol--it doesn't have the power to knock anyone on their ass--in spite of what many would say to the contrary. And I'm referring to varieties which are in excess of 20% THC. Sleepy--isn't knocked on ones ass--many confuse terms and exaggerate the effects and their experience--most are simply unable to accurately describe their experience.

2 ^ | v · Reply · Share ›



TagMan → C.R. · a day ago

So many "types" do you have to try to get the "right" one CR? I can imagine Tom being on another planet by the time he finds it?

^ | v · Reply · Share ›

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call'm as I see'm — I know he will line his own pockets, but that is far preferable to 18.5 TRILLIO, and counting of runaway ...

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15 comments · 2 days ago

Sandman — Yeah, it's called being scumbags.

DARPA rumored to be genetically modifying humans to create zombie ...

13 comments · a day ago

HadDone — This is the basis for most post apocalyptic movies and books, either virus into zombie or make a better soldier ...

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